

True Colors

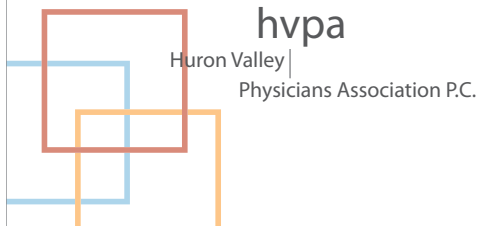
True Colors is a straightforward and simple method for gaining insights into why people behave as they do. By determining your own True Colors spectrum you can:

- validate who you are
- discover the True Colors of others and open lines of communication
- reduce conflicts and learn ways of relating to bring out the best in everyone.

When we recognize a co-worker's color we are able to better understand who they are. When we understand a little better how a person thinks and functions, we can utilize and appreciate their skills to a greater extent. We discover that we are all a piece of the puzzle and possess the ability to form relationships based on mutual appreciation and respect. This, in turn, leads to better cooperation and teamwork.

Presented by Joan Raeburn, RN

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Outline of Topics |

- The evolution of True Colors
- Determining your True Color spectrum
- Color attributes for each color
- Stressors for each color
- Tips for communicating for each color group
- Suggested career options for each color group

When |

September 21, 22 & 23
8am- 9:30am

*All dates cover the same information. Multiple sessions are being offered to enable all staff to attend by sending a few each day if necessary.

Where |

SJMH Women's Health Center
Classroom 1B
5320 Elliott Dr.
Ypsilanti, MI 48197

Cost |

- HVPA practices- FREE
- Non-HVPA practices- \$25/person

Registration |

To register email Lori Heinlein at heinleinl@hvpa.com or call 734-973-0137 ext. 436
by September 10th