

# **STOP: Important Notice About the Seasonal Flu and H1N1**

**If you have flu symptoms:**

**Fever (temperature > 100 Degrees F or >37.8 C)**

**Cough    Sore throat    Stuffy nose**

**General aches & pains, including headache**

**Chills and/or fatigue**

**Some people may also have vomiting and or diarrhea**

**Please Follow These Directions:**

**Use hand sanitizer**

**Wear a mask if you have any of the above symptoms**

**Ask the front desk where to sit**